JCTR *BASIC* *NEEDS* *BASKET*: LUSAKA

## January 2014

**(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN LUSAKA**

**Commodity Kwacha Quantity Total Kwacha**

Mealie Meal (breakfast) 69.00 2 x 25Kgs 138.00

Beans 18.33 3 Kgs 54.99

Kapenta (dry) 110.21 2 Kgs 220.42

Bream (dry) 69.69 1Kgs 69.69

Beef, mixed cut 30.71 4 Kgs 122.84

Dark green vegetable 2.83 4 Kgs 11.32

Tomatoes 4.99 4 Kgs 19.96

Onion, large 4.61 2 Kgs 9.22

Cooking oil (2.5 Ltrs) 32.86 3 litres 39.43

Bread wheat, refined floor, baked 4.70 1 loaf/day 141.00

Sugar 15.76 6 Kgs 47.28

Milk (fresh) 4.73 4x500ml 18.92

Tea, powder (250g) 11.11 1 Kgs 44.44

Eggs 9.14 2 Units 18.28

Salt 3.68 1Kgs 3.68

***Sub Total*  959.47**

**(B) COST OF ESSENTIAL NON-FOOD ITEMS**

Charcoal (90Kg bags) 125.00 180 Kgs 250.00

Soap (Lifebuoy/Champion) 3.41 10 Tablets 34.10

Wash soap (Boom) 4.74 4x400g 18.96

Jelly (e.g. Vaseline) 10.48 1x500ml 10.48

Electricity (med. density - fixed) 372.00 372.00

Water & Sanitation (med. cost - fixed) 210.00 210.00

Housing (med. density - 3 bedroom) 1,750.00 1,750.00

***Sub Total*  2,645.54**

***Total for Basic Needs Basket* 3,605.01**

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| **Totals from previous months** | Dec 12 | Jan 13 | Feb 13 | Mar 13 | Apr 13 | May 13 | Jun 13 | Jul 13 | Aug 13 | Sep 13 | Oct 13 | Nov 13 | Dec 13 |
| **Amount (K)** | **3,532.10** | **3,469.68** | **3,645.44** | **3,616.18** | **3,593.60** | **3,625.20** | **3,684.46** | **3,638.42** | **3,581.13** | **3,536.69** | **3,575.37** | **3,557.81** | **3,538.54** |

**(C) SOME OTHER ADDITIONAL COSTS**

**Item**  **Kwacha Item Kwacha**

**Education**  **Transport (bus fare round trip)**

Grades 8-9 (User + PTA/year) K400.00 – K600.00 Chilenje-Town K9.00

Grades 10-12 (User + PTA/year) K650.00 – K1, 300.00 Chelstone -Town K9.60

School Uniform (grades 8-12) K90.00 – K200.00 Matero-Town K8.40

**Health (clinic)** **Fuel (cost at the pump)**

Registration (book) K3.00 - K5.00 Petrol (per litre) K9.91

Self referral (Emergency Fee) K 5.500 Diesel (per litre) K9.20

Mosquito Net (private) K30.00 – K120.00 Paraffin (per litre) K6.83

**(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN JANUARY**

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| **Lusaka** | **Kasama** | **Mansa** | **Mongu** | **Ndola** | **Solwezi** | **Monze** | **Chipata** | **Mpika** | **Luanshya** | **Kitwe** | **Kabwe** | **Livingstone** |
| **3,605.01** | **2,276.68** | **2,247.85** | **1,985.94** | **2,889.81** | **3,053.03** | **2,211.73** | **2,197.32** | **1,613.56** | **2,158.93** | **2,405.04** | **2,518.74** | **2,708.99** |

This survey was conducted on **29thJanuary, 2014** by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chainda, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The January Basic Needs Basket is approximately **US$649** based upon the exchange rate of **K5.5507** per US**$** prevailing on the day of data collection.

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